

CREDENTIALS

Legal:

- Temple University School of Law 1989 *cum laude*
- Member, Pennsylvania Bar Association since 1991
- Certified Family Law Mediator (Montgomery County Conflict Resolution Center) 2003

Coaching:

- Certified Holistic Wellness Coach (Institute for Life Coach Training) 2013
- Certified Divorce Coach (CDC) 2015
- Certified Positive Psychology (CiPP) Wholebeing Institute at Kripalu under Tal Ben Shahar 2015
- Certified Facilitator, The 7 Principles of Making Marriage Work 2018 (John Gottman Institute)
- Certified Relationship Coach (Relationship Coach Institute) 2022
- Certified Divorce Transition and Recovery Coach (CDC) 2025
- Member, IROOZE

Publications

- Author, [A Year of Sacred Moments: The Soul Seeker's Guide to Inspired Living](#) (2017 Balboa Press)
- Frequent Contributor to Chabad.org, Aish.com, Blogs.TimesofIsrael.com